**Welcome to OL 301: Learn How to Grow a Family Vegetable Garden**

Center for Sustainable Development

<https://training.csd-i.org/vegetable-gardens-your-nonprofit-can-teach-families/>

Learn How to Grow a Family Vegetable Garden. How You Can Grow a Vegetable Garden: Fresh, nutritious vegetables for your family.

Good Morning,

Welcome to OL 301: Learn How to Grow a Family Vegetable Garden

I will be the course facilitator.

Each week I will post an assignment to the OL 301 Student Resource Page. You will send me simple, completed assignments by email—and I will answer any questions that you may have and make (hopefully!) useful suggestions.

I have been an avid organic vegetable gardener for decades. So I will pepper the assignments with real life things that I do and my real-life challenges and solutions.

Course Syllabus:

8 Weeks: Launch a real vegetable garden for healthy food.

Assignment timing is flexible.

Week 1. Choosing a space for your vegetable garden.

Week 2. Nutrition, planning your vegetable garden and selecting vegetable seeds for vegetable meals.

Free Week. If you need to, this is a good time to catch up.

Week 3. Finding organic fertilizer for your raised garden beds.

Week 4. Preparing your raised garden beds.

Week 5. Plant vegetable seeds and also vegetable plants in your new raised garden beds.

Free Week. If you need to, this is a good time to catch up.

Week 6. Learn how to gauge sun and water.

Week 7. Practice insect vigilance-organically.

Week 8. Healthy Food: Meal plans & vegetable menus for cooking nutritious, delicious, quick family meals with vegetables.

You will find the OL 301 Student Resource Page with links to the web version of the assignments, and also with links to be able to download the assignment and other course resources here:

<https://training.csd-i.org/301-student-resources/>

You can send your completed assignments to me to my main student interface email address:

OL.341@csd-i.org

This course has been designed for both individuals and families—is for actually launching a vegetable garden: You will work developing a garden using hands-on exercises and learn how to grow nutritious, fresh vegetables—in 8 weeks.

So let's get going! I have posted Assignment One on the Student Resource Page.

The assignments that you need to turn in for this course are really very simple: simply answer a couple of brief questions in an email and send it to me. Occasionally I will ask you to take a photo with your cell phone and send me that as well.

Assignments are due each Monday.

I will then post the next assignment on Tuesdays for eight weeks.

I look forward to seeing your interesting gardening projects as they begin to develop.

Enjoy the course! Have some fun! Please don't hesitate to write me with questions.

Sincerely,

Tim Magee

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