

OL 305 Assignment Five Homework Instructions

Online Learning: OL 305

The Urban Garden: A Small Vegetable Garden for Family Food & Nutrition

Center for Sustainable Development

<https://nonprofitcsd-i.org/urban-garden-vegetable-garden-family-food-nutrition/>

How to Grow Food in the City. How your nonprofit can start a small space vegetable garden program: Fresh vegetables for at-risk urban families.

This week's resources:

OL 305 Assignment 5 Homework Instructions

OL 305 Assignment 5 Discussion

Assignment 5. Plant seeds & seedlings in your new containers. Be sure to plant some quick-to-harvest things too!

This Week's Goal: To plant 2 seed trays and 2 containers with seeds.

Step One. Separate the seeds that you want to plant into:

1. Ones to be planted directly into the container like root crops such as carrots, beets, radishes and also mesclun, arugula, green onions and peas and beans.
2. Ones to be planted in seed trays for germination like herbs such as cilantro and parsley and also chilies and sweet peppers, lettuce, bok choy and chard, squashes and zucchinis, tomatoes and kale.

Step Two. Make name tags for the seeds that you want to plant as we demonstrate in the discussion. Mark your seed packets with the date of purchase and the planting date.

Step Three. Purchase a small bag of peat moss and two seed trays from your local garden nursery.

Step Four. Fill the seed trays with peat moss and put small holes of the correct depth in the different cells.

Step Five. Choose one row of cells in the seed tray and put two seeds into each hole from one seed packet and place the name tag at the end of that row. Do this for each of the 12 rows of the 2 seed trays. Cover up the holes with your fingertips. Gently sprinkled water on the seed trays.

Step Six. Fill two of your containers with prepared soil as detailed in the Assignment Four Discussion. Choose two packets of seeds and one of the techniques for planting directly in a container and plant the seeds. Put the name tags in the container. Gently sprinkled water on the container.

Homework for Assignment 5. So your assignment for week five is to write me in super short sentences and tell me:

1. Which seeds did you decide to plant in the seed trays? How many seed trays did you plant?
2. Which seeds did you decide to plant in your vegetable containers? How many vegetable containers did you plant?

3. Nonprofit Professional Development:

Time to use your notebook! Print out this homework sheet and jot down a few things that maybe you had trouble doing and that you will need to remember when you begin teaching your urban constituents. Punch holes in it and stick it in your notebook.

I look forward to seeing your ideas for Assignment 5 and I look forward to seeing you next week in Assignment 6.